

# LOCAL PROFILE

## Helena, Montana Lewis and Clark County

**Population (MSA<sup>1</sup>): 69,755**

**Population (City of Helena): 27,885**

### City Population by Race and Ethnicity

White	94.8%
Black/African American	0.2%
Hispanic/Latin American	1.7%
Asian	0.8%
American Indian, Alaska Native	2.1%
Native Hawaiian and Other Pacific Islander	0.1%

### Government Structure

The **City of Helena** is a home-rule city. The City Commission, consisting of four elected Commissioners and a Mayor, comprises the legislative and policy-making body of the city. The Mayor serves as the official head of the city for civil and ceremonial purposes and appoints members of the boards and committees with the consent of the Commission. The Commission appoints a City Manager to be the chief administrative officer of the city.

The Helena Citizens' Council (HCC) is made up of four elected representatives from each of the seven Helena Neighborhood Districts. HCC reviews and advises the Mayor and City Commission on various issues related to the city budget and makes recommendations regarding future development in the city of Helena.

Helena is the county seat of Lewis and Clark County, which is governed by a three member County Commission. Health programs and services for Helena fall under the purview of the Lewis and Clark County Health Department. The Department is governed by the City/County Board of Health, which consists of a Helena and an East Helena City Commissioner, one County Commissioner or their representative, and seven other members selected by the County Commissioners: the Superintendent of Schools District No. 1, a licensed medical doctor, a licensed dentist, a consumer of health services, one member residing outside of Helena, one member residing within the city limits of Helena, and one person at-large. The Board is responsible for hiring a health officer and setting policy for the administration of the City/County Health Department.

[1] Micropolitan Statistical Area – Helena, MT



## Helena, Montana Lewis and Clark County

Total number of women aged 13-44: 12,310

Women needing contraceptive services and supplies: 6,760

### Birth Outcomes

Infant mortality, rate per 1,000 live births <sup>1</sup>	4.5
Low birthweight <sup>2</sup>	8.0%
Percent of pregnant women receiving prenatal care within first trimester <sup>3</sup>	88%
Teen pregnancy, rate per 1,000 females ages 15-19 <sup>4</sup>	48.1

### Cervical Cancer

Percent of women receiving regular Pap testing <sup>5</sup>	82.1%
Cervical cancer, rate per 100,000 <sup>6</sup>	6.4

[1] Figure reflects rate for Lewis and Clark County. Lewis & Clark County Health Profile, September 2002, Montana Department of Public Health & Human Services, <http://www.dphhs.mt.gov/PHSD/health-profiles/pdf/lewisclark.pdf>

[2] Figure reflects 2003-2007 data for Lewis and Clark County. Lewis and Clark County 2009 Leading Public Health Indicators, Lewis & Clark City-County Health Department, [http://www.co.lewis-clark.mt.us/uploads/media/Completed\\_Packet2.pdf](http://www.co.lewis-clark.mt.us/uploads/media/Completed_Packet2.pdf)

[3] Figure reflects 2006 data for Lewis and Clark County. Lewis and Clark County 2009 Leading Public Health Indicators, Lewis & Clark City-County Health Department

[4] Figure reflects Lewis and Clark County rate from 2001-2005. Trends in Teen Pregnancies and Their Outcomes in Montana, Montana Department of Public Health and Human Services, <http://www.dphhs.mt.gov/PHSD/Women-Health/documents/teenpregnancyreport.pdf>

[5] Due to unavailability of local data, figure reflects 2006 data for state of Montana. State Cancer Profiles, National Cancer Center, <http://statecancerprofiles.cancer.gov/cgi-bin/risk/risk.pl?11&2&2&0&1>

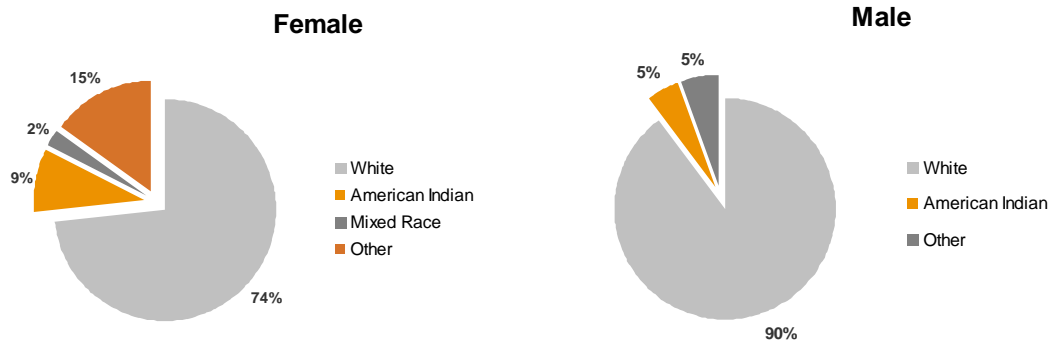
[6] Figure reflects cervical cancer rate of state of Montana

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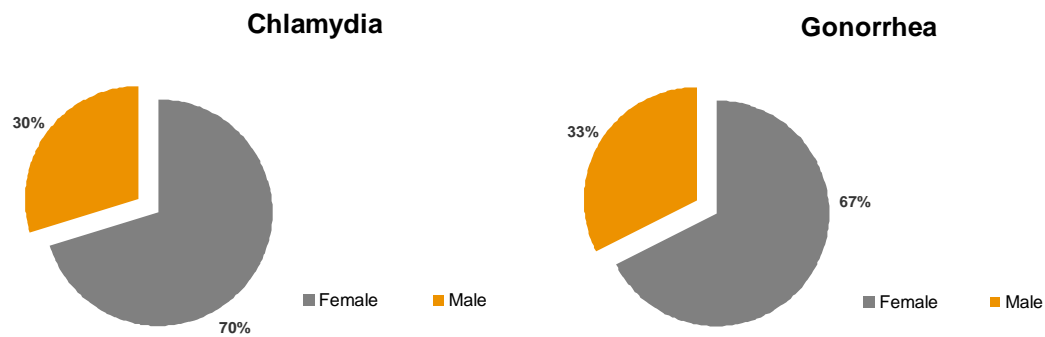
### Sexually Transmitted Infection Total Incidence Rates per 100,000<sup>1</sup>

AIDS <sup>2</sup>	0.9
Chlamydia	321
Gonorrhea	13.0
Syphilis	0.8

### HIV Disease Cases by Sex, Race and Ethnicity<sup>3</sup>



### Chlamydia and Gonorrhea Cases by Sex<sup>4</sup>



[1] Due to unavailability of local data, figures reflect 2000-2008 data for state of Montana. Montana 2008 Annual Report: STDs Including HIV/AIDS and Hepatitis C, March 2009, Montana Department of Public Health and Human Services, [http://hivdata.hhs.mt.gov/pdf/HIV\\_STD\\_HEPC\\_2009\\_AR.pdf](http://hivdata.hhs.mt.gov/pdf/HIV_STD_HEPC_2009_AR.pdf)  
 [2] Figure reflects 2004 rate for state of Montana. HIV/AIDS Surveillance Supplemental Report - Volume 12, Number 2, Department of Health and Human Services, Center for Disease Control and Prevention. [http://www.cdc.gov/hiv/topics/surveillance/resources/reports/2006supp\\_vol12no2/default.htm](http://www.cdc.gov/hiv/topics/surveillance/resources/reports/2006supp_vol12no2/default.htm)  
 [3] Figures reflect data for state of Montana. Montana 2008 Annual Report: STDs Including HIV/AIDS and Hepatitis C, March 2009, Montana Department of Public Health and Human Services  
 [4] Figures reflect January-June 2009 data for state of Montana. HIV/STD Year-to-Date Surveillance Report, Montana Department of Public Health and Human Services, [http://hivdata.hhs.mt.gov/pdf/Q2HIV\\_STDReport.pdf](http://hivdata.hhs.mt.gov/pdf/Q2HIV_STDReport.pdf)

